

Direct Access – Does It Affect You?

One of the hottest topics in the nation right now is health care. What do you pay for it? How much does it give you? How can it help you? Will it be there when you need it? For many healthy people it is not an immediate issue. What happens when an issue arises and you are sent on the HMO treadmill? Well, there are some insurance companies that are trying to help you and themselves at the same time.

What is direct access? Direct access is the ability of a consumer to walk in and receive physical therapy treatment without a prescription from a physician. Many insurance companies require a prescription or referral from a physician. This is a policy situation with the insurance companies. Many physical therapy clinics in the area have programs designed to accommodate the direct access law.

Research has shown that early intervention provides a shorter recovery period. Without the need to go on the HMO carousel, these injuries are attended to more quickly and efficiently and the patient recovers more quickly. In the event that an injury is beyond the scope of a physical therapist (broken bone, ruptured disc, etc.) therapists will immediately refer a patient to the appropriate specialist.

Doctors and physical therapists want you to get better and return to your regular functional activities as soon as possible. The sooner you can see them the sooner you can start the all-important healing process. If you have an injury you feel might be helped by physical therapy, call your nearest physical therapy clinic. They will be eager to answer any questions you have and help you begin the recovery process.

FREE CONSULTATIONS ARE AVAILABLE AT EITHER CLINIC AND WILL GIVE YOU AN IDEA IF PT WOULD BE HELPFUL FOR YOUR PARTICULAR PROBLEM